

Satari Amber

Only Love is Real



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Angel Thoughts

New Year's Affirmation

Good Evening Dear Earth Angels,

This past year has taught me so much about myself; one lesson that seems to reign more than others is that I bring people and situations that reflect my thoughts about myself. Whether conscious or unconscious its just a fact; as I practice to consciously create I learn to take the situations that don't reflect the most positive as a quick reminder of what belief needs some work. It is very easy for me to go into a negative place of guilt and worry, so I admit that it does take practice on my part (I have a perfectionist complex). So the way that I am able to shift my thoughts the fastest is to create a more optimistic view point with affirmations and self talk, affirmations alone are not enough but the more you repeat them the more you start to believe.

Each New Year's Eve I attend a burning bowl ceremony at the Unity Church; this is my opportunity to reflect on the prior year in prayer and meditation. At the end of the prayer service the entire group writes on a small piece of paper what they want to release and purify for the New Year. It is also good to replace this void with something positive such as an affirmation or a new desire. My affirmation is to not allow worry to interfere with my process of manifestation; a friend once told me to enjoy the process, but when my road ahead is full off doubt and worry, it can be difficult to enjoy the journey. So I am committed to begin this New Year with excitement and love!!!!!!!!!!!!!!



New Year's Affirmation

I encourage you to create your own New Years affirmation with complete love and compassion towards yourself and with the expectation that you will receive. I will also post on my website the different burning bowl Ceremonies in the area.

Announcement:

This announcement is bitter sweet as some of you I have met in person and some of us are connected through the newsletters and e-mail. I am moving to Southern California within the next couple of weeks, I am very grateful for the support and loving energy that the Dallas Fort Worth area has given me. I am still available for phone and e-mail sessions to those in Dallas and Canada (this includes the Angel Cluster Teleconference); also I am checking with the Angel Therapy office to see if they will allow me to teach the Annual International Angel Day in Dallas. So this is really not a good bye only a hello from a different location.

Much love to you all

Have a safe and joyful holiday

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satari.angel@satariamber.com
www.satariamber.com
949-573-8068

Please feel free to post any questions or comments on the "[Angel Blog](#)"

Events:

- Jan 27th, 2008: [Angel Cluster](#)
- Angel Coaching: [On Going](#)